

Author ▼	Title	Date	ISBN	Comments
Albers, Susan	Eat, Drink, and Be Mindful	2008	9781572246157	
Armstrong, Karen	Buddha (Penguin Lives Biographies)	2004	0143034367	
Batchelor, Stephen	After Buddhism: Rethinking the Dharma for a Secular Age	2017	0300224346	
Batchelor, Stephen	The Awakening of the West	1994	1855383438	
Batchelor, Stephen	Living with the Devil: A Meditation on Good and Evil	2005	1594480877	
Brazier, David	The Feeling Buddha	2001	1841193518	
Cianciosi, John	The Meditative Path: A Gentle Way to Awareness, Concentration, and Serenity	2001	0835607968	
Cleary, Thomas	Buddhist Yoga: A Comprehensive Course	1995	1570620180	
Dass, Ram	Still Here: Embracing Aging, Changing, and Dying	2001	1573228710	
Epstein M.D., Mark	Going on Being: Life at the Crossroads of Buddhism and Psychotherapy	2009	0861715691	
Epstein M.D., Mark	Open to Desire: The Truth About What the Buddha Taught	2006	1592401856	
Fields, Rick	How the Swans Came to the Lake	1981	0394748832	
Fisher, Dr. Charles	Dismantling Discontent: Buddha's Way Through Darwin's World	2007	1600700322	
Frazier, Jan	When Fear Falls Away: The Story of a Sudden Awakening	2007	9781578634002	
Fryba, Mirko	Art of Happiness: Teachings of Buddhist Psychology	1989	0877734666	
Fryba, Mirko	Practice of Happiness: Exercises and Techniques for Developing Mindfulness Wisdom and Joy	1996	1570621233	
Gerhards, Paul	Mapping the Dharma: A Concise Guide to the Middle Way of the Buddha	2007	0977977404	
Greenspan, Miriam	Healing Through the Dark Emotions: The Wisdom of Grief, Fear, and Despair	2004	1590301013	
Holecek, Andrew	The Power and the Pain: Transforming Spiritual Hardship into Joy	2010	1559393319	
Kaza, Stephanie	Dharma Rain: Sources of Buddhist Environmentalism	2000	1570624755	
Keown, Damien	Buddhism and Abortion	1999	0824821084	



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Author ▼	Title	Date	ISBN	Comments
Khyentse, Dzongsar Jamyang	What Makes You Not a Buddhist, 1st Edition	2006	1590304063	
Kingsbury, Caroline	Buddhism in Bellingham	2001		copy 1
Kingsbury, Caroline	Buddhism in Bellingham	2004	1843821427	copy 2
Kraft, Kenneth	The Wheel of Engaged Buddhism: A New Map of the Path	1999	0834804638	
Kyokai, Bukko Dendo	The teaching of Buddha	1975	0870403532	
Lenz, Frederick	Snowboarding to Nirvana: A Novel	1998	0312181795	
Levine, Stephen	Healing Into Life and Death	1987	0385233728	
Levine, Stephen	A Year to Live: How to Live This Year as If It Were Your Last	1998	0609801945	
Lopez, Donald	The Story of Buddhism: A Concise Guide to Its History & Teachings	2002	0060099275	
Macy, Joanna	Widening Circles: A Memoir	2000	0865714207	
Macy, Joanna	World as Lover, World as Self	1991	0938077279	
Maull, Fleet	Dharma in Hell: The Prison Writings of Fleet Maull	2017	0971814317	
Merullo, Roland	Breakfast with Buddha	2008	1565126165	
Nisker, Wes	Big Bang, The Buddha, and the Baby Boom: The Spiritual Experiments of My Generation	2003	006251766X	
Paramananda	A Practical Guide to Buddhist Meditation	1996	0760721793	
Quinn, Philip L.	The Philosophical Challenge of Religious Diversity	1999	0195121554	
Richmond, Lewis	Healing Lazarus: A Buddhist's Journey from Near Death to New Life	2002	0743422600	
Ross, Nancy Wilson	Buddhism: Way of Life & Thought	1981	0394747542	
Sharples, Bob	Meditation and Relaxation in Plain English	2006	0861712862	
Skilton, Andrew	A Concise History of Buddhism	2000	0760721785	
Smith, Jean	The Beginner's Guide to Walking the Buddha's Eightfold Path	2002	9780609808962	
Teasdale, Wayne	The Mystic Heart: Discovering a Universal Spirituality in the World's Religions	2001	9781577311409	



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Author ▼	Title	Date	ISBN	Comments
Tollifson, Joan	Bare-Bones Meditation	1996	0517887924	
Walker, Susan	Speaking of Silence: Christians and Buddhists on the Contemplative Way	1987	9780809128808	
Welch, Nancy	Medicine And Meditation	2011	1257638270	
Whitmyer, Claude	Mindfulness and Meaningful Work: Explorations in Right Livelihood	1994	0938077546	
Williams, Mark	The Mindful Way Through Depression: Freeing Yourself from Chronic Unhappiness (Book & CD)	2007	1593851286	copy 1
Williams, Mark	The Mindful Way Through Depression: Freeing Yourself from Chronic Unhappiness (Book & CD)	2007	1593851286	copy 2
Wong, Jeanyee	Buddha His Life and Teachings		none	
Wright, Laura	Quiet Mind, Open Heart: Finding Inner Peace through Reflection, Journaling, and Meditation	2008	0978775767	



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