

Author ▼	Title	Date	ISBN	Comments
Ajmera, Maya	Faith (Global Fund for Children Books)	2009	1580891772	
Alvarez, Julia	Where Do They Go?	2016	1609806700	
Amen, Dr. Daniel	Captain Snout and the Super Power Questions: Don't Let the ANTs Steal Your Happiness	2017		
Anderson, Todd	Buddhist tales for young and old	1996	0964176823	
Ardel, Katherine	Teaching Mindfulness to Children & Teens	2011	146631947X	
Baraz, James	Awakening Joy for Kids: A Hands-On Guide for Grown-Ups to Nourish Themselves and Raise Mindful, Happy Children	2016	1941529283	
Carew-Miller, Anna	Buddha: Father of Buddhism	2002	1590841379	
Coombs, Kate	Breathe and Be: A Book of Mindfulness Poems	2017	1622039378	
Demi	Buddha	1996	0805042032	
Demi	The Dalai Lama: Foreword by His Holiness The Dalai Lama	1998	080505443X	
Dermond, Susan	Calm and Compassionate Children: A Handbook	2007	1587612763	
Desmond, Lisa	Baby Buddhas: A Guide for Teaching Meditation to Children	2004	0740746898	
Despard, Brian	You Are Not Your Thoughts (Mindfulness for Children of All Ages.)	2010	0615359345	
Diptee, Darryl D.	The Caterpillar that became Enlightened: The search for never-ending happiness	2017	1534842195	
Doe, Mimi	10 Principles for Spiritual Parenting: Nurturing Your Child's Soul	1998	0060952415	
Eastoak, Sandy	Dharma Family Treasures: Sharing Buddhism with Children (Io Series)	1997	1556432445	
Gordhamer, Soren	Just Say Om!: Your Life's Journey	2001	1580625495	
Hanh, Thich Nhat	Is Nothing Something?: Kids' Questions and Zen Answers About Life, Death, Family, Friendship, and Everything in Between	2014	1937006654	
Hanh, Thich Nhat	Planting Seeds: Practicing Mindfulness with Children + CD	2007	1935209809	
Hanh, Thich Nhat	Under the Rose Apple Tree	2001	1888375043	
Hawker, Frances	Buddhism in Thailand (Families and Their Faiths)	2009	077875023X	



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Hawn, Goldie	10 Mindful Minutes: Giving our children - and ourselves - the skills to reduce stress and anxiety for healthier, happier lives	2012	0749957662	
Jay, Roni	Zen Meditations on Being a Mother	2000	1570716439	
Jones, Marnie	In The Morning	2010		
Kabat-Zinn PhD, Jon	Everyday Blessings: The Inner Work of Mindful Parenting	1998	0786883146	copy 1
Kabat-Zinn, Jon	Everyday Blessings: Inner Work of Mindful Parenting	1997	0786861762	copy 2
Kasl, Charlotte	If the Buddha Got Stuck: A Handbook for Change on a Spiritual Path (Compass)	2005	0142196282	
Landaw, Jonathan	Prince Siddhartha: The Story of Buddha (Wisdom Children's Book)	1996	0861710169	
Lee, Jeanne M.	I Once Was a Monkey: Stories Buddha Told	1999	0374335486	
Loundon, Sumi	Blue Jean Buddha : Voices of Young Buddhists	2001	0861711777	
MacLean, Kerry Lee	Moody Cow Learns Compassion	2012	1614290334	
MacLean, Kerry Lee	Peaceful Piggy Meditation (Albert Whitman Prairie Books (Paperback))	2004	9780807563816	
Miller, Luree	The Black Hat Dances: Two Buddhist Boys in the Himalayas	1987	039608835X	
Mingyur, Yongey Rinpoche	Ziji: The Puppy Who Learned to Meditate	2009	095638580X	
Morelli, Licia	The Lemonade Hurricane: A Story of Mindfulness and Meditation	2015	0884483967	
Muth, Jon	Zen Shorts	2005	0439339111	copy 1
Muth, Jon J.	Zen Ghosts	2010	9780439634304	
Muth, Jon J.	Zen Ties	2008	0439634253	
Napthali, Sarah	Buddhism for Mothers of Schoolchildren: Finding Calm in the Chaos of the School Years	2010	9781741756975	
Napthali, Sarah	Buddhism for Mothers of Young Children: Becoming a Mindful Parent	2010	1742371922	
Napthali, Sarah	Buddhism for Mothers: A Calm Approach to Caring for Yourself and Your Children	2003	1741140102	
Napthali, Sarah	Buddhism for Parents on the Go: Gems to Minimise Stress	2011	1742374956	



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Olson, Stuart Alve	Tai Chi for Kids: Move with the Animals	2001	9781879181656	
Placone, Dr. Pilar	Mindful Parent, Happy Child: A Guide to Raising Joyful and Resilient Children	2011	0615358780	
Popov, Linda Kavelin	The Family Virtues Guide: Simple Ways to Bring Out the Best in Our Children and Ourselves	1997	0452278104	
Rankin, Louise S.	Daughter of the Mountains (Newbery Library, Puffin)	1993	0140363351	
Reibstein, Mark	Wabi Sabi	2008	0316118257	
Riordan, Jim	Mergen and His Friends: A Nanai Folk Tale	1981		
Roegiers, Maud	Take the Time: Mindfulness for Kids	2010	1433807947	
Roy, Denise	Momfulness: Mothering with Mindfulness, Compassion, and Grace	2007	0787981974	
Shapiro PhD, Shauna	Mindful Discipline: A Loving Approach to Setting Limits and Raising an Emotionally Intelligent Child	2014	1608828840	
Siegel, Daniel J.	The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind	2011	0553807919	
Silver, Gail	Anh's Anger	2009	1888375949	
Silver, Gail	Steps and Stones: An Anh's Anger Story	2011	1935209876	
Stickney, Doris	Water Bugs and Dragonflies: Explaining Death to Young Children	2010	0829818588	
Stone, Karen	Golden Foot : A Jutaka Tale	1975	0913546283	
Susan, Sister	Each Breath a Smile	2002	1888375221	
Talovich	The Love of Life	2004		
Teich, Jessica	Trees Make the Best Mobiles: Simple Ways to Raise Your Child in a Complex World	2001	0312269307	
Tillman, Nancy	Wherever You Are: My Love Will Find You	2010	0312549660	
Tsabary, Dr. Shefali	The Conscious Parent	2012	1897238452	
Verde, Susan	I Am Peace: A Book of Mindfulness (I Am Books)	2017	141972701X	
Vieten, Cassandra	Mindful Motherhood: Practical Tools for Staying Sane During Pregnancy and Your Child's First Year	2009	9781572246294	



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Willard, Christopher	Child's Mind: Mindfulness Practices to Help Our Children Be More Focused, Calm, and Relaxed	2006	9781935209621	
Winston, Diana	Wide Awake: A Buddhist Guide for Teens	2003	0399528970	
Wood, Douglas	Old Turtle (Lessons of Old Turtle)	2007	0439309085	
Woodson, Jacqueline	Each Kindness	2012	0399246525	
Wright, Ms Laurie	I Can Handle It (Mindful Mantras)	2016	099524720X	



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